



July 2016

Milk helps you have stronger bones



Sunday

Monday

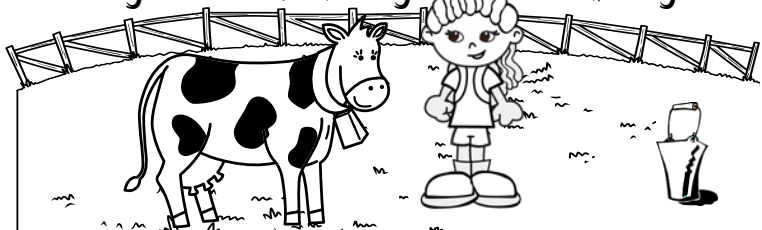
Tuesday

Wednesday

Thursday

Friday

Saturday



					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

