

# Nutrition Dictionary Worksheet



Write down at least one health fact you have learned about each of the nutrition vocabulary word.

Nutrition Vocabulary	Healthy Fact



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## Instructions For Teacher:

1. Select five to ten words from nutrition vocabulary list -  
see [Nutrition Dictionary Lesson Plan](#).  
([http://nourishinteractive.com/hco/lesson\\_plans/nutrition\\_dictionary\\_food\\_words\\_vocabulary\\_lesson\\_plans](http://nourishinteractive.com/hco/lesson_plans/nutrition_dictionary_food_words_vocabulary_lesson_plans))
2. Guide the students to [Talking Nutrition Dictionary](#) or use a standard dictionary.
3. Instruct students to look up the word in the dictionary.
4. Have the student write down at least one health fact they have learned about each of the vocabulary words.

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